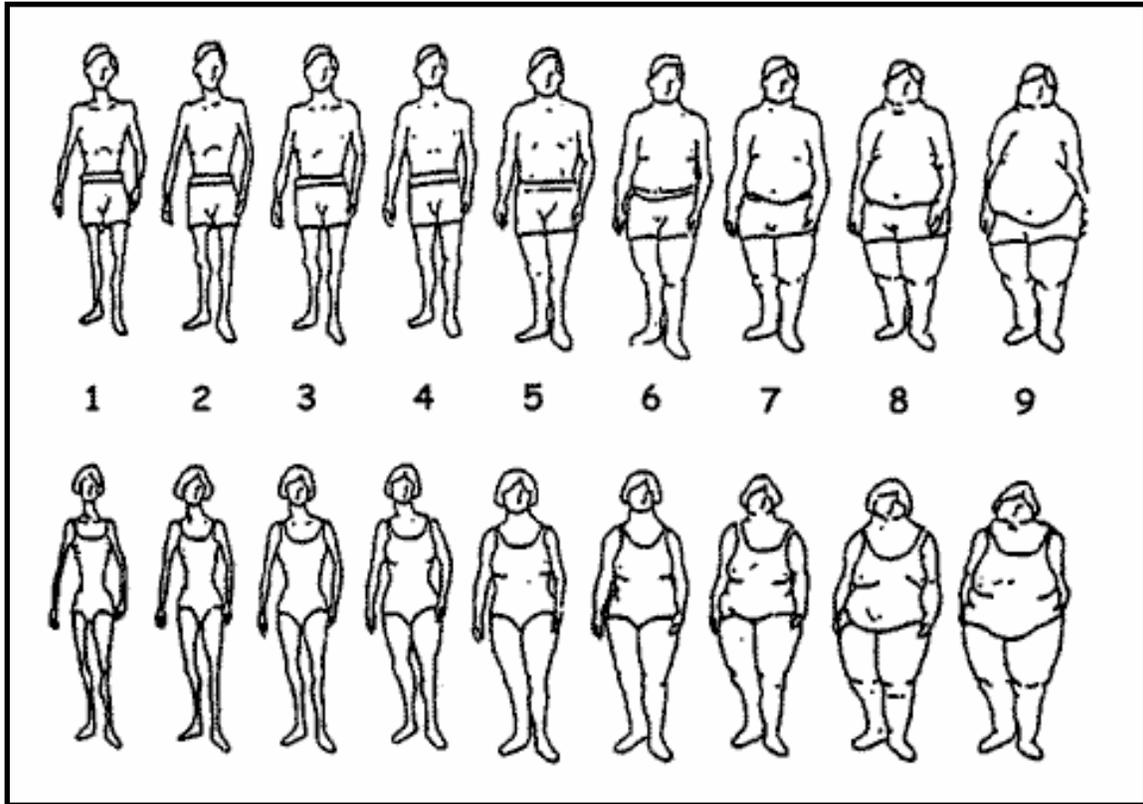


## Body Shape and Size:

This next set of questions is designed to help us better understand your body shape and size, and the body shape and size of your parents. Weight and body size are related to risk of developing many diseases, such as high blood pressure and obesity. Knowing about the body shape and size of your parents can help us to understand your risk of becoming overweight, and your risk of developing conditions that may be related to body weight.



1. Using the diagram above, **which of the body shapes best describes your body shape now? Please circle the correct number.** (If you have recently lost weight because of illness, select the body shape that best describes your usual body shape.)

1 2 3 4 5 6 7 8 9  DON'T KNOW

2. Using the diagram, which of the body shapes best describes **your body shape at age 18?**

1 2 3 4 5 6 7 8 9  DON'T KNOW

3. Which of the body shapes best describes your **biological mother's body shape?** (If your mother recently has lost weight because of illness, or is deceased, select the body shape that best describes her usual body shape before her illness or death.)

1 2 3 4 5 6 7 8 9  DON'T KNOW

Your mother's current age or age at death:   DON'T KNOW  Mother is deceased

4. Which of the body shapes best describes your **biological father's body shape**? (If your father recently has lost weight because of illness, or is deceased, select the body shape that best describes her usual body shape before her illness or death.)

1 2 3 4 5 6 7 8 9  DON'T KNOW

Your father's current age or age at death: <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> DON'T KNOW <input type="checkbox"/> Father is deceased
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5. What is your Pant Size?

Women: Pant Size \_\_\_\_\_  DON'T KNOW

Petite                       Junior                       Misses                       Women's

Men: Pant Waist Size \_\_\_\_\_  DON'T KNOW

6. How do your pants fit?

- Waist area fits more tightly than hip area
- Hip area fits more tightly than waist
- No difference in fit of waist and hips