

**2005 FMMP
Hair Dye Questions**

1. At what age did your hair begin to gray? By this we mean more than just a few gray hairs.

_____ Hair has not yet begun to gray.

_____ Hair began to gray at _____ Years.

2. Have you ever colored or bleached your hair?

_____ NO

_____ YES

If YES, please answer the following questions.

3. What type of hair coloring products have you used? Please check all that apply.

_____ Rinse (Usually washes out after one or two shampoos)

_____ Bleach and color

_____ Semi-permanent hair dye (Usually washes out after 8-10 shampoos)

_____ Permanent hair dye (Color does not wash out, but can see re-growth at roots. Usually need to mix two substances together before applying.)

4. If you have ever used either permanent or semi-permanent hair dye:

4a. What color have you used most frequently?

_____ Black _____ Auburn

_____ Dark Brown _____ Red

_____ Light Brown _____ Blonde

4b. If you have ever used either permanent or semi-permanent hair dye, please answer the questions below.

Type of hair dye	Age at which you first used?	Still using?	Age at which you last used?	Total number of years used *	Usual number of weeks between applications
Permanent – (does not wash out; root regrowth)		Yes No			

Semi-permanent – washes out with repeated shampoos		Yes	No			
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*If you have used either permanent or semi-permanent hair dye on and off over the years, just add up the total number of years of use.